
What is sound healing?

AUGUST 10, 2014 by TONY NEC

Sound healing blends the best of modern science with ancient wisdom to effectively help a wide range of health challenges.

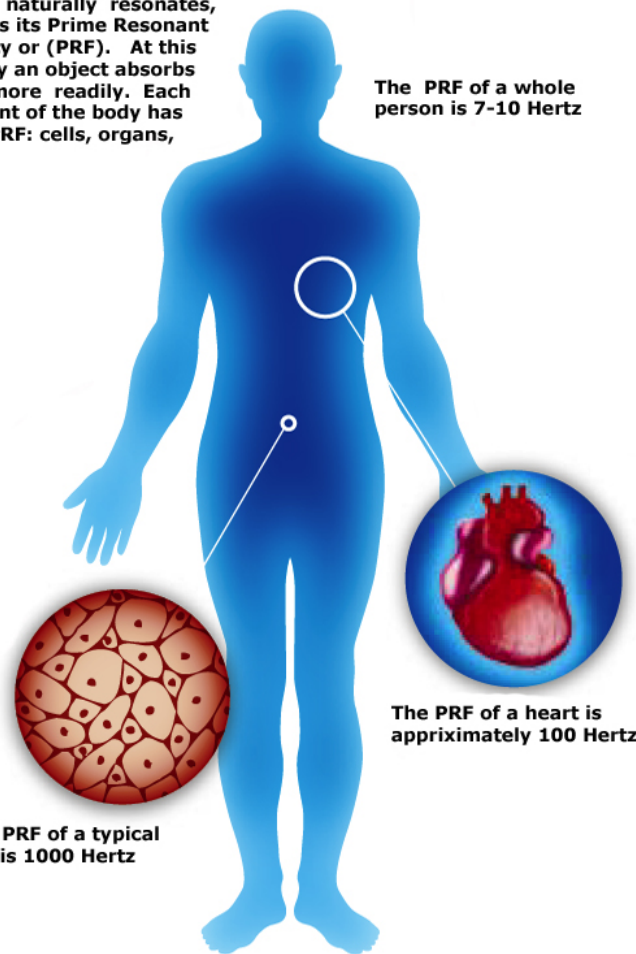
Sound healing works on the principle that everything in our universe is energy which has a vibration. Everything in existence within the universe is in a vibrational state.

The frequency at which we normally vibrate is called resonance. Certain sounds therefore will resonate with different organs and parts of the body.

Sound has been scientifically proven to have an effect on our autonomic, immune & endocrine systems as well as the neuropeptide transmitters in our brain.

Principles of Resonance in the human body

Everything has a frequency at which it naturally resonates, known as its Prime Resonant Frequency or (PRF). At this frequency an object absorbs energy more readily. Each component of the body has its own PRF: cells, organs, bones.



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Sound healing practitioners' look at their clients from this perspective and seek to balance their clients 'dis-ease' through correction of vibrational imbalances in their energetic system i.e. their aura or electromagnetic blueprint.

When an organ in the body is not functioning at its optimum its sound pattern will be off, yet by re introducing the correct sound pattern this will help it to heal and return to health through the law of resonance.

This law states that when one energetic system encounters another, similar system, their vibrations must come into a state of resonance or harmonic vibration.

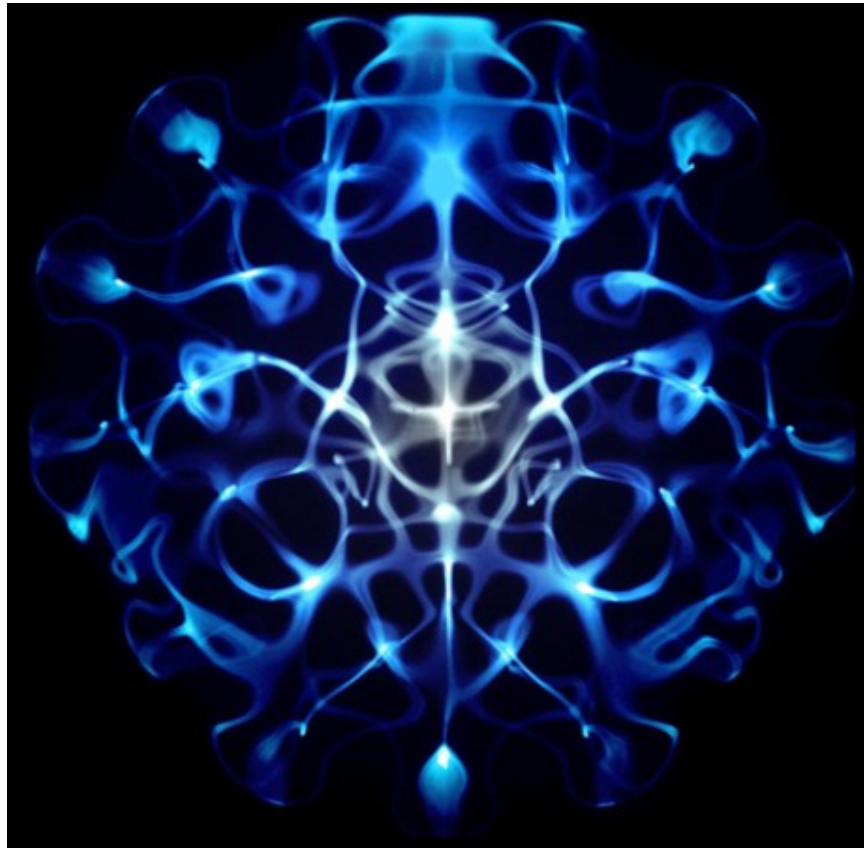
SOUND EFFECTS MATTER

It has also been documented how sound can effect matter. 80% of our bodies are water and the effect that sound has on water has been photographically demonstrated in Dr Masaru Emotion's book 'The Hidden Messages in Water'.

Different sounds produced different types of geometric shapes within frozen water. Playing 'Mozart' produced beautiful symmetrical snowflake like crystals whilst discordant sound had no clear structure. You can imagine then the power of sound on the water within

our bodies!

Dr Hans Jenny demonstrated how matter responds to sound using Cymatics. Cymatics is the use of 'Pure Tone' or 'sine waves' within the audible spectrum to produce physical patterns within a medium such as liquid or sand.



Every cell in our bodies has a unique sonic signature and 'sings' to its neighbours

Dr James Gimzewski, of UCLA,

California, has taken a revolutionary approach to studying cellular function. He uses an atomic force microscope, a kind of super-sensitive microphone, to listen to the sounds emitted by cells. The focus of this new science, called 'sonocytology,' is mapping the pulsations of the cell's outer membrane, thus identifying the 'song' of the cell. Gimzewski's work has revealed that every cell in our bodies has a unique sonic signature and 'sings' to its neighbours.

Sonocytology is a potentially powerful, diagnostic tool for identifying the sounds of healthy cells versus those of injurious ones.

Dr Gimzewski, himself a Nobel Prize winner, is one of a large number of innovative minds at work in our world that share the vision of creating modalities to assist the body to heal.

Audible sound healing therapy may offer the greatest potential in

non-invasive healing.

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Koly Chiara Parisi

I am a physical therapy student. Prior to learning about anatomy & physiology my knowledge of our internal structures & their functions were minimal. After taking A&P 1&2 I unequivocally know that there are frequencies on a visceral & cellular level. Just like the stethoscope can hear a heart beat, the various frequencies we hear can also be heard by our cells. Our intercellular fluids flow using a specific "wave" sound similar to an ocean wave as it crashes against large rocks embedded in the sand or a stream of water that flows into a creek. Sonocytology is a form of frequency therapy that is among the best at acquiring homeostasis! I absolutely love it and my cells love the sounds!

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